CIGNA GLOBAL PLANS

Creating a comprehensive, tailored plan with Cigna Global is simple.

Cigna Global Health Options helps you create a health insurance plan that's perfectly tailored to the needs of you and your family. We offer you the reassurance of comprehensive core cover, and the flexibility of adding the extra benefits as you want. Our handy graphic below explains how our plan works.

1. SELECT YOUR CORE PLAN

International Medical Insurance

Start with one of our core inpatient plans, International Medical Insurance, which covers you for essential hospital stays and treatments, surgeon & consultation fees, hospital accommodation, cancer treatment and much more. Our Gold and Platinum plans also give you cover for inpatient and daypatient maternity care.

Annual Benefits Up to the maximum amount shown per period of cover

SILVER: \$1,000,000 / €800,000 / £650,000 GOLD: \$2,000,000 / €1,600,000 /£1,300,000

PLATINUM: Unlimited



2. ADD YOUR OPTIONAL MODULES

International Outpatient

More extensive outpatient care for treatments where hospital admission as a daypatient or inpatient is not required. Includes consultations with specialists and medical practitioners, prescribed outpatient drugs and dressings, pre-natal and post-natal outpatient care (Gold and Platinum only), physiotherapy, osteopathy, chiropractic and much more.

International Health & Wellbeing

Proactively manage your own health. Screen against disease, test against common illnesses and get reassurance with routine physical exams. Also benefit from counselling support and our online health education programme.

International Medical Evacuation

Medical evacuation in the event that treatment is not available locally in an emergency, as well as repatriation, allowing the beneficiary to return to their country of habitual residence or nationality. Also includes compassionate visits for a parent, spouse, partner, sibling or child to visit a beneficiary after an accident or sudden illness and the beneficiary has not been evacuated or repatriated.

International Vision & Dental

Vision care covering your eye tests, spectacle lenses, spectacle frames, prescription sunglasses and contact lenses, and a wide range of preventative, routine and major dental treatments.

3. MANAGE YOUR PREMIUM

Deductible options: The initial amount you must pay before Cigna will pay your claims.

Cost share options: The percentage of each claim which you must pay after your deductible has been paid, up to your out of pocket maximum.

Note: deductibles and cost shares apply separately to each beneficiary and period of cover. You can choose different levels for your core plan and the optional International Outpatient module.

4. PAY FOR YOUR PLAN

You can choose to pay for your premiums on a monthly, quarterly, or annual basis. You can make payments by debit or credit card, or alternatively if you pay annually, you can pay by bank wire transfer.















Together, all the way.

Please note: this is a representation of the benefits available, and how our plans work. For a full guide to our product and list of benefits, see the Customer Guide.

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